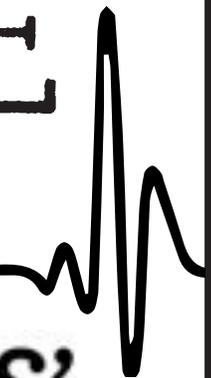




LIFELINE

NEWSLETTER



STUDENT NURSES' ASSOCIATION

AT UNIVERSITY OF CENTRAL FLORIDA

ORLANDO



Editor's Piece:

A New Year

By Samantha Sherman, Media Director, Basic BSN'19

Hello everyone. My name is Sam and I am the Media Director for the UCF Orlando Student Nurses Association. Back in 2015 when I first started here at The University of Central Florida, I never would have imagined where I'd be today. Getting into nursing school was an accomplishment of its own, but being a part of the program is even better. I have made wonderful friends, learned how to assess patients, figured out how to answer a select all the apply question and how to advocate for myself and my patients. The amount that I have learned is astonishing to me even now and I know that by the end of next year, I will be prepared to start my journey as a nurse.

I am so excited for this year to come and everything that we will accomplish. My main job as media director is this newsletter right here. I am in charge of getting submissions, designing the layout, reminding everyone of deadlines and making sure it get's to all of you. Anyone can submit a piece. You can email me if you are thinking about it, need help with a



topic or just want more information on how to do it. It's a great way to share your experiences with everyone. I also handle the UCF Student Nurses Association webpage. I keep it up to date and post all of the events we have, flyers, newsletter and more. Speaking of events, Shannon, our historian, and I are a team when it comes to planning and creating SNA events.



I wanted to give a few tips for our incoming Juniors and new Accelerated students. Make sure to have a calendar. Write down all of the due dates when you get them, even for clinical. You don't want any homework to sneak up on you. Make sure to get some sleep, especially before clinical or a test. You want to be alert when you are taking care of a patient or figuring out a which answer is the best choice for your question. Also, make sure to drink water during clinical. I know things will get busy, but you'll feel hydrated and ready to take on the day. This may sound obvious, but go to class. You'll get more information there than just reading the slide and they'll let you know what to read in the book. Record the lecture if they let you. Listen to it in the car or wherever you want. Hearing it a second time can help it stick with you and you'll catch things you may have missed the first time. And lastly, when you first get here things might seem overwhelming, but your classmates feel the same way you do. Nursing school is all about teamwork. You will have to work with other nurses, doctors, physical therapists and more when you are in clinical and out in the field. Learn to work together and you will get

through everything nursing school throws at you. And remember, if you need advice or information, the seniors are here for you too!

Traditions and Events Committee

If you are looking to get involved in SNA and aren't sure how, a great way to do that is by joining a committee. The Historian and I share a committee called Traditions and Events. We are responsible for planning the events that SNA will host. You can help Shannon and I come up with new ideas. We will plan events, figure out the food, what decorations to get, setting up, figure out dates, coming up with fun activities and more. Together we will set up events for us as students, and even faculty, to bond. This committee involves a lot of teamwork, brainstorming and creativity. As nurses, those are great skill for us to have. New ideas are always welcome and we would love to hear your thoughts. It is a great way to get involved, make new friends, and meet the UCF staff. We would love to have your input. If you want to join or have any questions, please feel free to ask either me or Shannon about it. You can email us or message us on Facebook anytime. Our emails are located on the last page of the newsletter or on the SNA webpage. We look forward to hearing from you.



Welcome Juniors

By Bryce Harrison, Legislative Director, Basic BSN'19

Hi everyone, my name is Bryce Harrison and I am Legislative Director for our chapter of the Student Nurses' Association. I am very excited to welcome our new junior cohorts to the next chapter of their lives as future nurses!

My job as the Legislative Director is to act as a liaison to the Student Government Association, ensure that our organization abides by our bylaws, promote awareness of current relevant legislation, and to encourage our chapter to bring resolutions to the state and national boards. I enjoy this position because we as nurses should be aware of the impacts that we can make in local, state, and national government. Current issues that I currently advocate for include: increase funding for mental health practices for at risk populations, increased education and awareness of the transgender person(s), and increasing the prevalence of sanctuary cities and campuses. I also have the pleasure to assist our chapter's members to introduce new resolutions (A written document that is proposed to the House of Delegates, and if adopted, will serve as the basis of policies and actions of the Florida Nursing Students Association) to the state and national conventions. If any of our members are interested in creating a resolution they believe would be beneficial to our state and national organization, please feel free to contact me!



Legislative Committee

Also, I have a committee! It is still fairly new, so I hope that those who are interested in politics, social policies, and the future of healthcare, please contact me for information for applying for my committee!

About me

By Megan Argento, Clubhouse Director, Accelerated BSN'19

Hello, my name is Megan Argento and I am your new Clubhouse Director! A little about me: I've lived in Tampa, Florida for most of my life where I earned my first Bachelor's degree at the University of South Florida in Public Health and a minor in Aging Studies. While I was earning the minor in Aging studies, I learned that working with older adults was not a good fit for me and I would much rather work with a different age group. I always knew that I wanted to work in the healthcare field, but it was my brother who encouraged me to pursue nursing and I am so happy that I did! In my last year of undergrad, my Dad had a heart attack, which spiked my interest in cardiology. Since being in the program for a little over two months now, I can certainly say this interest of mine still stands, however, I am keeping an open mind for other fields as well.

Something I love doing in my free time, when I had free time, is traveling. I took a road trip from Tampa to Vegas, and another from Los Angeles to Lake Tahoe. Once time allows, I would love to go to Iceland next. I also enjoy working out and maintaining a healthy diet. I try to go to

the gym every day and I also enjoy taking a nice walk or run outside if the weather allows. I am so looking forward to a great year and getting to know every one of you. Please let me know if you ever need anything!



SNA, Charge On

By Casey Blackwell, Fundraising Chair, Basic BSN'19

Hi, my name is Casey Blackwell and I am the fundraising chair for the 2018-2019 school year. I am originally from Orlando, Florida. I love to spend time with my family and friends, cook, bake and workout. During the fall semester you can catch me at every UCF home football game... I love football and I love UCF! I am so excited to be on the SNA board this year and I look forward to serving the UCF College of Nursing.



Committee:

Fundraising committee includes assisting the fundraising chair with the different fundraising events that occur throughout the year. As a member of the committee you can expect to assist with bake sales, car washes, partial proceed, and other exciting fundraising events we have planned for this upcoming year. You will also earn many SNA points through your involvement with SNA on the fundraising committee. I am looking for approximately four individuals for this committee. Contact me at ucfsnaorlfundraising@gmail.com for more information.



Give with your hands and give from your heart

By Jacob Kluesener, Basic BSN'19

I don't think I need to tell you to volunteer, or at least I hope I don't. Volunteering is an incredibly unique and compelling experience that might drain your body, but will always fill your heart. I had the pleasure of going on a service learning trip this summer to Mexico with UCF, where I was able to teach at a local school, but I also had the privilege of helping out a local women's clinic. These were two very positive experiences, but the latter was different.

Volunteering often consists of doing handy work and performing essential but straightforward quality of life tasks, such as building houses, chicken coops, painting, etc. but never before have I been able to give of myself in a way that was unique to myself. I was able to be there and do something that I had the specialized skillset to do. To go out and encounter these people where they are and as they are is one thing, but to be able to physically care for them personally and directly is something extraordinary. Not only was I able to share my time and skills with these people, but I was also able to hone and improve them as well. This trip changed who I am as a person and how I am as a nurse, both for the better.

As we learn in school or improve our skills in the field, our ability to impact and change the world increases as well. Our potential is only limited by our drive to continually better ourselves and demand more from each other. Yes, volunteer more; always volunteer more, but don't just volunteer as yourself, volunteer as a nurse. Not only will you leave feeling better, but you will also be better.



We Can and We Will

By Emily Derayunan, Vice President, Basic BSN'19

Hello everyone! As your new Vice President of the Student Nurses' Association, I would like to say thank you for trusting me to lead this organization alongside all the other great officers for the 2018-2019 school year. I hope that we as your board can provide experiences and opportunities that can contribute to each of your nursing journeys while at the college of nursing.

My favorite part about my position is the networking! Part of my responsibilities as Vice President includes coordinating General Meetings, organizing the Junior/Senior Buddy Program with the help of our Breakthrough to Nursing Director, and hosting the Interprofessional Education Event in the Spring. Because I'm in charge of these events, I'm able to meet and connect with not only the guest speakers at the meetings but also with other nursing students and professors. This position has allowed me to build relationships among individuals who are as passionate about the nursing profession as I am. As Vice President, I am honored with the opportunity to help others learn more about the different specialties and career paths that the nursing profession offers. I hope that I can help provide the same fulfilling experiences that I have personally experienced as a member of this organization to all of you!

Additionally, I would like to say congratulations to everyone for getting this far in their nursing journey. To the graduating Accelerated Class of 2018, you are all almost there! It's exciting to see how the College of Nursing has equipped us with the tools needed for success. As you all approach the end of nursing school, it makes those following behind you believe that if you all can do it, we all can too.

To the Basic Class of 2019, we are half way there! Let's all enjoy this well-deserved summer break before we embark on our last year of nursing school. We've heard it gets easier, but if it doesn't, remember that if we can make it through the first year we can make it through the last.

To the new Accelerated Class of 2019, you all are making tremendous strides in your first semester of nursing, and the enthusiasm from everyone in your cohort at the general meetings has been great to see. This semester is a huge adjustment, but it does get easier!

Finally, to the new Basic Class of 2020, congratulations on your acceptance into the program! The beginning of nursing school is an exciting and scary time, but everyone at the College of Nursing, students and professors alike, all want to see each one of you succeed. Don't hesitate to ask for help about anything. One of the great things about nursing is that this profession is built on teamwork. The students in your cohort as well as the accelerated and senior cohort are all or have all been in the same place where you are today. Lean on each other for support.

I'm look forward to seeing how much we all can achieve!

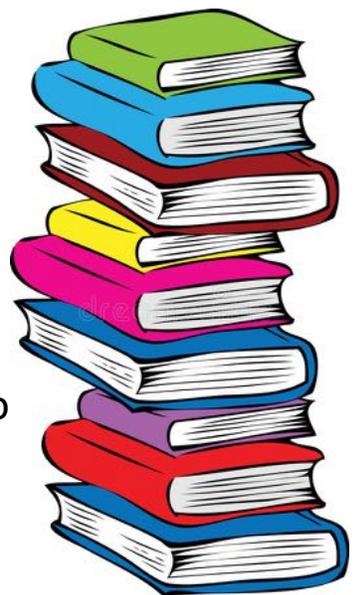


A New Path

By Jesyca Ramirez, Accelerated Liaison, Accelerated BSN'19

Hi, my name is Jesyca Ramirez and I am excited to be the accelerated liaison! I was born and raised in Jacksonville, FL where I spent many afternoons in the hospital my mom worked at in the radiology department. It was here that my interest in the medical field began as the doctors and nurses would take me back to see the many x-rays, explaining land marks and abnormalities. As I progressed through high school my attention shifted from the medical sciences to the social sciences. I ended up double majoring in international relations and classical studies with the intention of joining the navy after college. Once I graduated however, I realized the military life wasn't for me and spent the next two years exploring different interests to discover my passions. It was during this period that my interest in the medical field was reignited as I began dating someone in medical school. Helping him study and hearing about his clinical rotations reminded me how much I enjoyed learning about the human body. I was drawn to nursing in particular because of the holistic nature of care nurses provide to people. After I graduate nursing school I hope to work in labor and delivery and eventually go on to be a women's health nurse practitioner.

Currently I'm embracing my first semester of nursing school and spending copious amounts of time studying with my accelerated cohort. In my free time I enjoy running, yoga, reading, eating, and napping. I am looking forward to serving on the SNA executive board so I can get to better know people from the other nursing cohorts and also create a strong connection between my accelerated cohort and SNA.



Community Health Director

By Amy Coisnard, Community Health Director, Basic BSN'19

Hi! My name is Amy and I am elated to be the Community Health Director for the Student Nurses' Association this year! I started at UCF in the Fall of 2015 and hope to pursue pediatric or neonatal nursing when I graduate in May of 2019. Before nursing school, I was a Resident Assistant for the Nursing@Nike Living Learning Community on main campus. I have also been involved in Knight-Thon, UCF's largest student run philanthropy, since my freshman year. I am extremely passionate about raising awareness and money For The Kids, and I cannot wait to continue to engage SNA in community service initiatives.



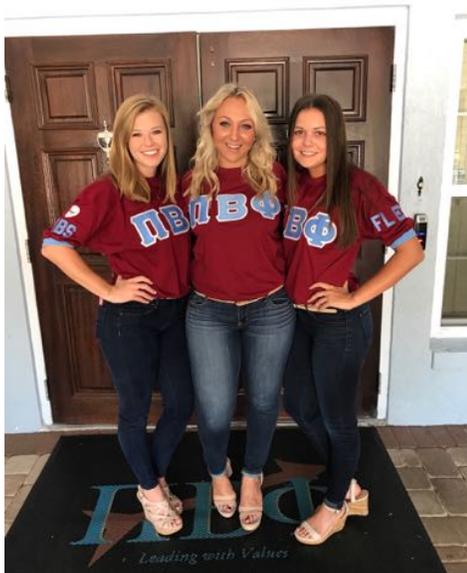
Community Health Committee

Do you enjoy participating in community service? Do you believe that being an active member of the community is an important part of being a college student and a nurse? Then the Community Health Committee might be the SNA committee for you! As student nurses, we have the knowledge and ability to help and teach those around us. As a member of this committee, you will actively be working with Amy, SNA's Community Health Director, on organizing and taking part in community outreach projects at UCF and in the Greater Orlando area. Additionally, learn what it means to be For The Kids by raising money and awareness for UCF's largest student run philanthropy, Knight-Thon, that benefits Children's Miracle Network. If you have any questions, please feel free to contact Amy at ucfsnaorlcommunity@gmail.com.

An Introduction to Me

By Allison Buschbom, Secretary, Basic BSN'19

Hello everyone! My name is Allison Buschbom and I have the privilege of serving as the Secretary for SNA. I am originally from Chicago, Illinois but I've called Orlando home for sixteen years now. The University of Central Florida has always been my dream school and I'm thankful to have stayed close to my family throughout my college years. I've been a member of Pi Beta Phi, a sorority here at UCF, where I've met some of my best friends and mentors who have encouraged me along the way. I currently work at a dance studio coaching gymnastics as well as dance in the Oviedo area. Through this job, I have found my passion for kids and confirmed my desire to become a pediatric nurse. I look forward to this year and all that SNA will accomplish!



Breakthrough to Nursing

**By Rachel Evans, Breakthrough to Nursing Director,
Basic BSN'19**

Hi, I'm Rachel Evans, and I'm SNA's Breakthrough to Nursing director! As the Breakthrough to Nursing director, I organize visits to local career fairs, high schools, and preschools to show students what nursing is all about. I also function as the link between the Association of Pre-Nursing Students (APNS) and SNA. I considered many health careers before I chose nursing, but I am so happy I ended up here! Before researching nursing school, I had no understanding of what nursing was like. I'm passionate about my position because I can give other students like me a chance to see how fulfilling a career in nursing can be.

I joined SNA shortly after starting nursing school, and I'm glad I did. I encourage all the new juniors to at least come to a meeting and see if you like it! SNA gives you an opportunity to form new friendships and learn so much from our speakers, and the free food really helps when you're struggling to keep up with nursing school. I didn't know anyone going in to nursing, so SNA helped me meet new people and feel at home in nursing school. Even though I was involved in SNA, I didn't think that I would end up an officer. After volunteering at several BTN events and having a lot of fun, I decided that the position was right for me. My advice to the new juniors is to get involved and find a position that interests you.



Lastly, I wanted to give some tips for the incoming class. I know you've heard it a million times but get a planner. There will be so many dates to remember and things going on in the first few weeks that you'll feel like your head is spinning. Staying organized is so important to being successful in the first semester. Another thing that really helped me in my first semester was having a study group and going through practice questions. Nursing questions are different than other test questions, but the more you practice the more you will start to understand the thinking behind them. Good luck guys! It won't be easy, but it will be worth it.



**Practice
Practice
Practice**

BTN Committee

As a member of the Breakthrough to Nursing committee, you will help me organize and work events at local high schools and preschools. I am looking for reliable people that are interested in working with high school students and children. I would love to have some of the new basic juniors or accelerated students on my committee so that we have students with different clinical schedules. I understand we are all very busy, so I wouldn't expect you to work every event. If you have any questions or want more information, feel free to contact me via Facebook or my email ucfsnaorlbtn@gmail.com.

Who I was Meant to Become

By Shannon Straus, Historian, Basic BSN'19

My name is Shannon and I grew up in Orlando and knew I wanted to work in healthcare from a young age. However, it wasn't until I spent time as a patient in a pediatric ICU that I knew nursing was my true calling. I often think to myself why anyone would want to be anything other than a nurse! The UCF Nursing program has not only proved to me that nursing is what I was meant to do, it has also taught me so much in one short year. I am excited for what is ahead and can not wait to share the memories we make as SNA Historian.



Here are some tips on how to survive nursing school:

- Water! Drink plenty of fluids.
- Set aside “me time”. Nursing school will take up a lot of your time, so make sure to take a few minutes to relax. Watch a show, take a bath, read a book, go out, take a nap, listen to some music, etc. Nursing school is hard and you deserve to take a break every so often.
- Bring snacks for class and clinical. You don't want to have low blood sugar and have to try and focus on a lecture.
- Study in advance. Find a way that works for you, just don't wait until the last minute. Before you know it, it's time to take the test and it's too much information to learn overnight.

Dive in and Get Involved

By Abbygail Lapinski, Treasurer, Basic BSN'19



Hello! My name is Abbygail Lapinski, and I am the 2018-2019 Treasurer for the Orlando SNA chapter.

A little bit about me, I grew up right outside the Orlando area near the beautiful Walt Disney World. I love traveling, hiking, volunteering, and spontaneous dancing. As a UCF Knight, I have had the absolute honor to participate in two short-term study abroad programs, volunteer locally and abroad, dance for the kids, and be a Knight nursing student.

As Treasurer of SNA, my primary responsibility is maintaining SNA's finances in an organized and thorough manner. I work closely with my fellow officers to establish the yearly budget for each position and process reimbursements. Each month I organize and prepare monthly financial reports, document cash flow, and maintain current membership records. Through this, I ensure we have the proper finances to fund all of our exciting opportunities, activities, and events during the year. Further, I am in charge of recruiting and spreading the message of how SNA can impact your nursing school experience. Being a part of SNA has truly helped in my development as a future nurse and I hope by joining our chapter it can have the same impact on you.

Interested in joining SNA or have questions about the position of Treasurer, please feel free to contact me!

Donating to Those in Need

By Brittany Pappas, BSN'19 Student, UCF Daytona Beach

During my first semester of nursing school, which I just completed, we did a rotation in the local community. As part of this, we fed the homeless at the Bridge of Hope, and visited the Halifax Urban Ministries family shelter in Daytona Beach. We learned that they are in need of all sorts of items: diapers, clothing for all ages and genders, and baby toys, just to name a few. It was an eye-opening experience because I saw first-hand that there are people in my community in need. I have an 18 month-old son and I've always handed down his clothes to a friend or neighbor who has a younger baby. But in these past few months I've been gathering things we no longer need, and I try to make monthly trips to a shelter to donate these items. I wanted to spread the word that if you, or anyone you know, has items that they no longer need, please do not throw them away! If they are still in good condition, please give them to someone in need: either find a local shelter, or even a church. You can get together with a group of friends and make one big trip, instead of doing small, more frequent trips (if you have a tight schedule). As we enjoy our summer break, I hope you'll join me in collecting any items you no longer need, to donate to someone who will love and appreciate them.



Meet the Knights

**By April Brunner, SNA President, UCF Daytona Beach
and Troop 1943 Coleader**

On April 21st 2018, Girl Scouts in the Volusia County area were invited to UCF Daytona Beach for a nursing exploration day. The event called “Meet the Knights,” was run by the Student Nurses’ Association of UCF Daytona Beach and Troop 1943. This four hour session consisted of presentations from students and faculty, inspirational videos, an interactive experience in the nursing lab and a handwashing experiment. In order to earn their “nursing exploration badges” each Girl Scout level had a list of requirements they had to accomplish. Cadettes, Seniors and Ambassadors had to finish 8 activities, and Juniors had to finish 6. Some of the activities the girls were exposed to at this event included:

- learning about different nursing specialties (ex ER nurse, pediatric nurse, psychiatric nurse, etc)
- learning about the women who founded the field of nursing including Clara Barton and Florence Nightingale
- learning about the different facilities or environments a nurse can work in (ex school nurse, hospital, clinic, etc)
- demonstrating basic nursing skills including how to use a stethoscope, blood pressure cuff, and thermometer



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- demonstrating how to take a pulse
- learning about some of the more advanced equipment nurses use including IV pumps and monitors
- identifying different professional nursing organizations
- differentiating the different educational requirements for LPN, RN, BSN, MSN and NP
- demonstrating proper handwashing technique
- making a health poster



“Meet the Knights” served as an amazing experience for both the Student Nurses' Association and the girls that attended. The event perfectly engulfed NSNA's Breakthrough to Nursing philosophy of exposing young students of different ethnic and socioeconomic statuses to the field of nursing. By the end of the day, almost all of the girls wanted to become a Nurse!!!



President's Corner

What I Learned from Surviving my First Year of Nursing School

By Kimberley Lucas, President, Basic BSN'19

Hello everyone! I am Kimberley Lucas and I am your SNA President for 2018-2019! I am so excited for this new school year to start, and I hope you are too. A little bit about myself is before nursing school, I was a part of one of UCF's 6 a cappella groups, Mixed Mode. (Shameless plug but feel free to check out our EP on Spotify and Apple Music--you may recognize my voice belting out the last song!) I was also a Resident Assistant, LEAD Scholar, and participated in Knight-Thon since freshman year. My UCF journey has seriously been such an adventure, but it's only gotten better with nursing school. From meeting some of my best friends to traveling all the way to Nashville, Tennessee for the National Student Nurses Association, the experiences I've had here I'll never forget!

One year ago today, I was spending my summer with my family traveling across California, relaxing at home, and pondering how nursing school was going to be. I had no idea that in one year, I would be the President of SNA, enrolled in Honors in the Major, and working as a Student Nurse Intern in the Cardiovascular ICU at ORMC. I could barely comprehend the idea of what nursing school was going to be like, let alone being able to picture any of this. Even when I first started the program, I was so unaware of all of all of the opportunities that were yet to come. Like many other people in UCF's College of Nursing, being a nurse was my dream from day one (well, except when I was 6 and was dead-set on being a princess when I grew up, but



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some things never change). When I applied to UCF, it was with the goals and aspirations of becoming a Knight Nurse. Those first two years of undergrad, as fun as they were, also had their fair share of impending anxiety over whether or not those dreams would come to fruition. I knew it would be hard to get in, and only harder when I was actually in nursing school, but nothing could deter me from knowing that it would all be worth it. For having no idea of what was to come once I started this program, I guess I was pretty spot on there.

So for all of the juniors who are about to start their nursing school journey come August, EXHALE! You've made it! That in itself is an accomplishment, because not everyone makes it to this point. Now that you're in, one of the most crucial pieces of advice that I can give you is not to forget why you're here or how hard you worked to get to this point. These next few months will test you. With all of the hours you'll spend studying for exams, practicing for skills check offs, and participating in your first clinical rotations, this challenging first semester can make it easy to lose sight as to why you're putting yourself through all of this in the first place. And for the newest class of Accelerated students, this refreshing reminder may apply to you even more, because it's when you're caught up in the middle of the chaos when you need to be grounded again. At the end of the day, do not forget this one thing: all of your experiences from this point on are preparing you to be a nurse. And not just any nurse, but a KNIGHT Nurse. Nursing school is hard because being a nurse is harder. When you're out there, you are responsible for people's lives, and that is an honor that takes hard work to be able to achieve. Don't take your student nurse experience for granted. Remind yourself every day to be thankful to be here, to be able to take in and learn all of this insane amount of knowledge. If you can remind yourself of all this, and encourage yourself to be thankful on a daily basis, I guarantee your nursing school experience will be so much better.



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Nursing school is hard for a lot of reasons. The material is difficult, the hours are long, the expectations are high, and it takes hard work. The results? Worth it. The first semester is often the hardest because adjusting to the lifestyle of nursing school is a feat in itself. But allow me to let you in on a little secret:

the classes don't get easier, you just get stronger. When I heard that for the first time, everything made sense. I'll admit, I was just trying to keep my head above water during the first semester. I was passing my classes, and doing well, but my life just felt like it was completely upside down. The second half of the semester felt like a big game of catch-up to make up for a slow start. I survived, but I think I spent most of my winter break in a numb shock, truly traumatized from everything I went through during that first semester. All because it took me a long time to adjust. But here's the thing, start off strong, and you won't just survive, you'll thrive. Spring was so much better for me for just that reason, because I started that semester with a vengeance. Even with much more responsibility with SNA, I was able to balance school life and social life while maintaining a high GPA. And to be honest, without that rocky start in Fall, I don't think I would've gotten that kick to the boot that I needed to be able to jumpstart my Spring semester.

So what I'm trying to say is, nursing school is hard. But you already know that. You know it's going to be tough, so it shouldn't be a

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surprise for you. Just jump into your first semester fearless and ready to take on the challenge. Push yourself in the beginning so that the rest of the semester is that much easier. Be open-minded to the new lifestyle of nursing, and roll with the punches as they come. Nurses have to be flexible, and so do nursing students. Your first clinical schedule may be all over the place, you may not know exactly where you're going or what you're going to do, but trust your professors. Everything you do and learn in school now is to help you become the best nurse you can be, so keep your eye on the prize!

Nursing school so far has definitely been an adventure, but after having one year in the books, I am so excited to see what's to come. It's exhilarating to think of what I'm going to learn and how I'm going to use that information to help future patients. Something I truly did not expect was how much growth I experienced in just one year. I've connected with nurses and nursing students from around the world, held a patient's hand as they cried, started working in the unit of my dreams, and taken all of the Knowledge I've gained from nursing school with me along the way. As I sit here now, pondering what the rest of my nursing school adventure entails, I know that from what I've learned in just my first year, I am more than prepared to take on whatever challenges come my way. So even if you're just where I was a year ago, just remember that if you start strong, stay grateful, and remind yourself that you're here for a reason (to learn how to be the best nurse that you can be), then you'll be where I am today: reflecting on how nursing school has been one of the hardest and best things to have ever happened to me.



Announcements & Upcoming Events!



SNA MAY GENERAL MEETING

May 16th, 2017 | 17:00
UNIVERSITY TOWER | ROOM 602

GUEST SPEAKERS | Coventry University
Faculty and Students
visiting from England

Salad Bar | NCLEX Review | SNA Points

STUDENT NURSES' ASSOCIATION
AT UNIVERSITY OF CENTRAL FLORIDA
ORLANDO

Sign up on Doodle:
<https://doodle.com/poll/9mxxp9cyk6hm59fgx>

Bake Sale

Support your UCF
Student Nurses
Association!!

Where: First Floor University
Tower lobby

When: Wednesday, June 27th
10:30am-2:30pm

Take a break and enjoy a delicious
treat!

**Junior Meet and
Greet June 15th**

**Accelerated Elections
June 27th**

**Share a Meal June
15th**

**Back to School BBQ
on August 27th**

JUNE GENERAL MEETING

Wednesday June 27th at 1700

Guest Speaker: Bobby Laroco
College of Nursing Alumnus and
Current DNP Student

ELECTION MEETING

SNA Members: Free
Non-members: \$5

University Tower Room 602

FOOD | SNA POINTS | NCLEX REVIEW

STUDENT NURSES' ASSOCIATION
AT UNIVERSITY OF CENTRAL FLORIDA
ORLANDO

Contact Info for the 2017-2018 SNA Board!



President	Kimberley Lucas	ucfsnaorlpresident@gmail.com
Vice President	Emily Derayunan	ucfsnaorvicepresident@gmail.com
Secretary	Allison Bushbom	ucfsnaorlsecretary@gmail.com
Treasurer	Abbygail Lapinski	ucfsnaorltreasurer@gmail.com
Clubhouse Director	Megan Argento	ucfsnaorlclubhouse@gmail.com
Historian	Shannon Straus	ucfsnaorlhistorian@gmail.com
Legislative Director	Bryce Harrison	ucfsnaorllegislative@gmail.com
Breakthrough to Nursing Director	Rachel Evans	ucfsnaorlbtn@gmail.com
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Social Media Buzz

Facebook: Student Nurses Association-Orlando
 Instagram: snaucforlando
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